



# The Career Garden



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## Quiz on the profession of nursery nurse/nursery practitioner

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1. What is one of the recommended postures to avoid back pain as a nursery nurse/practitioner?
  - a) Leaning forward when lifting children.
  - b) Maintaining an upright posture and avoiding excessive bending.
  - c) Keeping the arms away from the body.
2. What is one of the recommended tools to facilitate interactions with children at their level?
  - a) Low changing tables.
  - b) Adjustable high chairs.
  - c) Oversized toys.
3. What hygiene measure is essential to reduce the risk of disease spread in a nursery environment?
  - a) Using non-disinfected toys.
  - b) Practicing good hand hygiene.
  - c) Ignoring signs of allergies in children.
4. What important skill is encouraged among nursery nurses/practitioners in terms of communication?
  - a) Ignoring children's feelings.
  - b) Using positive language.
  - c) Avoiding conflict mediation.
5. At what age do babies typically begin to stand unsupported?
  - a) From 3 to 6 months.
  - b) From 6 to 9 months.
  - c) From 9 to 12 months.